

---

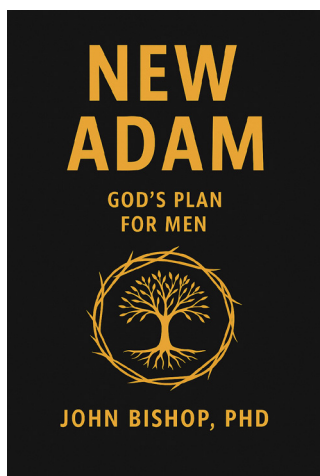
# New Adam: God's Plan for Men

John Bishop, Ph.D.

*Masculinity is at ground zero. To rebuild, we need a map. This book is that map.*

---

## BOOK DESCRIPTION



In response to masculinity's increasingly toxic reputation, men's participation in worship, marriage, and public life has sharply declined. Where do men go from here? Is there a path beyond confusion and collapse? The way forward is not rejection, but renewal. If men are to flourish, they need a clear and compelling vision of the beauty of masculinity. This book offers that vision. Holding human nature in one hand and Christian revelation in the other, it presents a vivid portrait of holy masculinity. The journey begins with the crisis (chapter 1), then unfolds a threefold vision of manhood: masculinity in Eden (chapter 2), in sin (chapter 3), and in grace (chapter 4), with practical applications woven throughout. That redeemed vision is then applied to fatherhood (chapter 5) and to single and celibate men (chapter 6). The final chapter offers concrete principles for forming men fully alive. Authentic masculinity is not a toxic distortion to be rejected. It is a divine gift to be reclaimed.

## ABOUT THE AUTHOR



Dr. John Bishop is the Founder and Executive Director of Forge, an apostolate dedicated to strengthening families through the formation of men. Founded in Des Moines in 2023, Forge is now expanding into cities across the country. He holds a doctorate in theology from The Catholic University of America, where his dissertation explored masculine holiness, advancing the thought of Pope Saint John Paul II in dialogue with contemporary scientific research. With more than a decade of experience in men's ministry—first on college campuses with FOCUS and now through Forge—Dr. Bishop works to equip men with a clear, compelling vision of redeemed masculinity for the renewal of the Church and society.

---

---

## KEY DETAILS

Title: New Adam: God's Plan for Men

Author: John Bishop, Ph.D.

Publisher: Our Sunday Visitor

Publication Date: February 16<sup>th</sup>, 2026

Format: Paperback

Page Count: 152

Retail Price: \$17.95

ISBN-10: 1639663959

ISBN-13: 978-1639663958

Item Weight: 6.4 ounces

Dimensions: 5.6 x 0.34 x 8.49 inches

## CONTACT INFORMATION

Website: [www.newadam.net](http://www.newadam.net)

Author Email: [john@myforge.org](mailto:john@myforge.org)

---

---

## NEW ADAM REVIEWS

### **Dr. Scott Hahn**

*Father Michael Scanlan, T.O.R., Chair of Biblical Theology and the New Evangelization at Franciscan University of Steubenville*

---

Few books speak so boldly. John Bishop confronts the serious questions about masculinity and its counterfeits with biblical insight and theological depth. Rooted in Scripture and tradition, illuminated by lived experience, he paints a vivid picture of authentic masculinity. I recommend *New Adam* to men of every age and vocation—from husbands and fathers to singles and celibates.

### **Dr. Edward Sri**

*Theologian and Sr. Vice President of Apostolic Outreach at FOCUS*

---

John Bishop is an outstanding teacher who is in tune with the aspirations and struggles of Christian men today. In this book, men searching for direction will find inspiration and wise guidance to help them navigate the challenges and uncertainties of modern living as they strive to become the men God made them to be.

### **Dr. Brad Wilcox**

*University of Virginia Sociology Distinguished Professor*

---

From mass shootings to collapsing performance in school and work, it's plain that our boys and men are in crisis—adrift in a culture with no guideposts for manhood. Until now, no one has shown a way out of the male malaise. At last, John Bishop's *New Adam* offers men a bold roadmap for forging a strong, biblically rooted masculine life. Essential reading for men and the leaders who guide them.

### **Fr. Paul Murray OP PhD**

*Angelicum Professor, Author*

---

The book is masterly. Although it explores ground already explored by others, no book I have read possesses the same power of empathy, the same fire of understanding. Franz Kafka says somewhere that we need to read books that “wake us up like a blow to the head ... a book must be the axe for the frozen sea within us.” John Bishop's *New Adam* is, without question, one of those rare, dangerous books.

---

---

**Pete Burak**

*Renewal Ministries, VP*

---

*New Adam* is an extremely important gift to the world and to the Church! Combining poignant stories, relevant data, and deep spiritual insights, Dr. John Bishop expertly unpacks the essence of true masculinity without falling into stereotypes or trite generalizations. Bishop clearly lives what he writes, and his personal experience infuses his book with a relatability, credibility, and insightfulness that challenges and inspires you to the core. A must read for any guy serious about becoming or living as a true man...and there's plenty of heart and helpful perspectives to help women understand the men in their lives. I'm personally grateful Bishop didn't just personally form men in his sphere of influence, but wrote a deeply thought-provoking book to help all of us!

**Dr. John Grabowski**

*Professor of Moral Theology at The Catholic University of America*

---

The fruit of years of research and extensive field-testing in ministry to men, this powerful book offers Christian men a way forward out of cultural and personal malaise. Simply put, men are called to more. More than what the culture tells them they are or can be. More than the sin that ensnares them. This book offers a vision of Christian masculinity that is both powerful and practical. Full of stories, examples, and action steps, this book will inspire and direct men to conform themselves more closely to the New Adam. Highly recommended.

**Dr. Joseph Atkinson**

*President Emeritus - Catholic Biblical Association, JPPI Institute Professor*

---

*New Adam* is a clarion call for men at a critical turning point in history. For decades, gender wars have battered the identity of men and women, leaving many wounded and disoriented. Bishop's book becomes a compass—guiding men willing to face their wounds toward hope, healing, and the vitality of authentic manhood. This is not self-help but self-discovery. *New Adam* confronts the myth of "toxic masculinity" head-on, offering instead a concrete theology of manhood that is both accessible and compelling. At its core lies one reality: redemption of masculinity is found in relationship with God the Father. In the light of sin and the wounds it inflicts, Bishop calls men to the healing grace of the Cross and to embrace the vocation of being a man. This book raises men up through truth to rediscover the joy of their created identity.

---

---

**Paul J Kim**

*Speaker, Musician*

---

In a time where there is so much confusion about what it means to be a man, husband, and father, John Bishop provides a clear blueprint for men of every age to become who they were born to be. Inspiring, spiritually rich, and practical, *New Adam* is not just a book for my own personal edification, but also for my sons and all the men I am proud to serve in my ministry as an evangelist.

**Tim Glemkowski**

*CEO Amazing Parish*

---

In a moment where the question of masculinity is a critical topic for churches and church leaders, Dr. John Bishop's voice has, for years, consistently been a thoughtful and needed addition. *New Adam* is an enormous contribution to one of the most culturally significant conversations of our time. It should be read widely by men in the pews and church leaders alike!

**Kevin O'Brien**

*President - Milwaukee Men of Christ*

---

*New Adam* is a timely and critical book for a confused age. In a culture often hostile to true manhood, it offers a clear, hopeful, and distinctly Christian vision. Each chapter not only exposes the challenges men face but also unveils the beauty of masculine virtue—whether lived as husbands, fathers, priests, or single men serving their communities. Practical, compelling, and urgent, this book gives men and their leaders a roadmap for renewal. I enthusiastically recommend it.

**Kevin Cotter**

*Hallow, Head of Studios*

---

Everyone knows that men are in crisis today. The real question: What's the solution? In *New Adam*, John Bishop uses wit, wisdom, statistics, and theology to get to the root of the problem and to reveal the true nature and power of masculinity. You won't want to miss it!

---

---

**Kim Zember**

*Speaker, Author*

---

When there is a problem, it is hard but best to face it, talk about it and hope there is a solution for it. In this book, John does just that, he addresses a long-overlooked issue, talks about it in transparency and vulnerability and offers solution not just for a specific group of men but for all men no matter their state of life. As a woman, I believe the better men are the better women can be and the better the world in which we live will be. If you are lost-find directions, this book is just that a roadmap to being the more healed and whole man you were created to be.

**Damien O'Connor**

*Vice President of Evangelization and Faith Formation at Knights of Columbus Supreme Council*

---

Many books leave the reader inspired but few simultaneously answer the inevitable question, "How do I live this?" John Bishop brilliantly & unapologetically lays out the history of masculinity while inspiring me to (intentionally) become a better Catholic man, husband, father & Knight of Columbus because that is whom God has called me to be. This book is a must-read for any Catholic man who strives to live contrary to secular society and be a witness to our faith in all circumstances.

---